

Organised by:

NADI NATIONAL DIABETES INSTITUTE

CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS

Endorsed by



Ministry of Health Malaysia

NADI
Virtual Seminar
Programme

**DIABETES
AND THE
HEART**



THE BRANDLAUREATE
CSR BRANDEADERSHIP
AWARDS 2018
PROF. MUSTAFFA EMBONG



THE BRANDLAUREATE
CSR AWARDS 2018
NATIONAL DIABETES
INSTITUTE

FINAL ANNOUNCEMENT

NADI VIRTUAL SEMINAR

“Diabetes
and The
Heart”

15 & 16
January
2022

www.nadidiabetes-heart.com

Secretariat

NADI VIRTUAL SEMINAR - “DIABETES and THE HEART”

National Diabetes Institute (NADI)

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NADI VIRTUAL SEMINAR

“Diabetes and The Heart”

Heart disease is a major cause of death amongst people with diabetes. Some 60 to 70% of diabetics, especially those who are not well managed, may die from cardiovascular disease. As such, it is of paramount importance that heart disease in people with diabetes is highlighted and its optimal management emphasised.

Importantly, many recent trials have demonstrated cardiovascular benefits from agents that control blood glucose, lipids or blood pressure in people with diabetes. Practising clinicians and other healthcare professionals caring for people with diabetes and/or heart disease need to understand and appreciate the implications of these new trial results on disease management so as to be able to incorporate into clinical practice, to improve care for patients with diabetes and cardiovascular disease (CVD).

Topics on diabetes, cardiovascular disease and related conditions are presented by experts in the respective fields. At the end of each lecture or case discussion, a Q&A Session is in place to provide an opportunity for participants to ask questions relating to the subject, to further enhance understanding.

Objectives of “DIABETES and THE HEART” Virtual Seminar

The “DIABETES and THE HEART” Virtual Seminar aims to highlight:

- The relationship of diabetes and cardiovascular disease, especially of the heart
- Ways of ensuring early diagnosis of heart disease in diabetics.
- Understanding of recent advances especially in relation to SGLT2 inhibitors and GLP1-RAs, and practical aspects of managing heart disease in people with diabetes, so as to be able to apply in daily clinical practice to improve care.

Who Should Attend ?

Healthcare professionals responsible for managing persons with diabetes including:

- Medical and Surgical Specialists
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nursing Practitioners
- Diabetes Educators
- Dietitians
- Medical Assistants

**CPD
points**

will be applied for
Malaysian Doctors,
Nurses, Dietitians,
Pharmacists & Medical
Assistants

E-Certificate of Attendance will be awarded at the end of the Seminar for those with proof of full attendance (based on log-in data).

DAY 1 - SATURDAY, 15 JANUARY 2022

0745 - 0825	REGISTRATION
0825 - 0830	Welcome Message
0830 - 0930	Session #1: HEART DISEASES IN DIABETICS i) Screening for HD in Diabetics: When & How (20 min) ii) Management of Diabetes in Patients with Heart Disease (20 min) iii) Q&A session (20 min)
0930 - 1000	Sponsored Lecture #1 (20 min + 10 min Q&A)
1000 - 1030	Sponsored Lecture #2 (20 min + 10 min Q&A)
1030 - 1100	BREAK (visit to virtual booths)
1100 - 1230	Case Discussions Case #1: Sponsored #1 Case Discussion (15 min + 15 min discussion) Case #2: Sponsored #2 Case Discussion (15 min + 15 min discussion) Case #3: NADI Case Discussion: Diabetic with Suspected IHD (10 min + 20 min discussion)
1230 - 1330	LUNCH BREAK
1330 - 1500	Session #2: GLP1-RAs UPDATES i) The Story of GLP1-RAs from Gila Monster to the Bedside (20 min) ii) Clinical trials of GLP1-RAs in Diabetics (20 min) iii) Choosing GLP1-RAs for Diabetics: Practical Considerations (20 min) iv) Q&A session (30 min)
1500 - 1530	Sponsored Lecture #3 (20 min + 10 min Q&A)
1530 - 1600	BREAK (Signing CPD & Visit Virtual Booths)
1600 - 1700	Case Discussions Case #4: Sponsored #3 Case Discussion (15 min + 15 min discussion) Case #5: NADI Case Discussion: Diabetic Recovering from MI (10 min + 20 min discussion)
1700 - 1800	Session #3: HYPERTENSION IN DIABETICS i) Current Evidence-Based BP Targets (20 min) ii) Which Drug(s) for BP Control in Patients with Diabetes? (20 min) iii) Q&A (20 min)
1800	END OF DAY 1

DAY 2 - SUNDAY, 16 JANUARY 2022

0800 - 0830	REGISTRATION
0830 - 0930	Session #4: HEART FAILURE IN DIABETICS i) Assessing HF Risk in Diabetics (20 min) ii) Management HF: Recent Advances (20 min) iii) Q&A session (20 min)
0930 - 1000	Sponsored Lecture #4 (20 min + 10 min Q&A)
1000 - 1030	Sponsored Lecture #5 (20 min + 10 min Q&A)
1030 - 1100	BREAK (visit to virtual booths)
1100 - 1230	Case Discussions Case #6: Sponsored #4 Case Discussion (15 min + 15 min discussion) Case #7: Sponsored #5 Case Discussion (15 min + 15 min discussion) Case #8: NADI Case Discussion: Patient Presented with SOB and Ankle Oedema (10 min + 20 min discussion)
1230 - 1330	LUNCH BREAK
1330 - 1430	Session #5: UPDATES ON SGLT2-INHIBITORS i) Landmark Clinical Trials of SGLT2-I in Diabetics (20 min) ii) Mechanisms of CV benefits of SGLT2-Inhibitors (20 min) iii) Q&A session (20 min)
1430 - 1500	Sponsored Lecture #6 (20 min + 10 min Q&A)
1500 - 1530	BREAK (Signing CPD & Visit Virtual Booths)
1530 - 1600	Advances in the Management of Peripheral Vascular Disease in Diabetics (20 min + 10 min Q&A)
1600 - 1700	Case Discussions Case #9: Sponsored #6 Case Discussion (15 min + 15 min discussion) Case #10: NADI Case Discussion (10 min + 20 min discussion)
1700 - 1800	Session #6: DIABETIC DYSLIPIDAEMIA i) Pattern (and Assessment) of Dyslipidaemia in Diabetics (20 min) ii) Managing Diabetic Dyslipidaemia to Prevent Heart Disease (20 min) iii) Q&A (20 min)
1800	END OF SEMINAR

FACULTY MEMBERS

Emeritus Professor Dato' Mustaffa Embong, National Diabetes Institute (NADI)
 Professor Dato' Hanafiah Harunarashid, Universiti Kebangsaan Malaysia Hospital (HUKM)
 Professor Dato' Mafauzy Mohamed, Universiti Sains Malaysia Hospital (HUSM)
 Professor Abdul Rashid Abdul Rahman, An-Nur Specialist Hospital
 Professor G. R. Letchuman, Monash University Johor
 Professor Imran Zainal Abidin, Universiti Malaya Medical Centre (UMMC)
 Professor Norlaila Mustafa, Universiti Kebangsaan Malaysia Hospital (HUKM)
 Professor Norlela Sukor, Universiti Kebangsaan Malaysia Hospital (HUKM)
 Professor Sazzli Shahlan Kasim, Universiti Teknologi Mara Private Specialist Centre (UiTM)
 Assoc. Prof. Wan Mohd Izani Wan Mohamed, Universiti Sains Malaysia Hospital (HUSM)
 Datuk Dr. Zanariah Hussein, Putrajaya Hospital
 Dr. David Chew Soon Ping, Cardiac Vascular Sentral Kuala Lumpur (CVSKL)
 Dr. Alexander Tan Tong Boon, Sunway Medical Centre (SMC)
 Dr. Foo Siew Hui, Subang Jaya Medical Centre (SJMC)
 Dr. Ng Ooi Chuan, Universiti Putra Malaysia (UPM)
 Dr. Radhakrishna Sothiratnam, Columbia Asia Seremban Hospital
 Dr. Vijay Ananda Paramasvaran, Pantai Hospital Kuala Lumpur (PHKL)



REGISTRATION & FEES

Registration form is provided with this FINAL ANNOUNCEMENT. Completed form must be returned with proof of registration fee payment to the Secretariat of NADI VIRTUAL SEMINAR - "DIABETES AND THE HEART" by mail or fax. Registration fee should be made payable to: National Diabetes Institute.

The Course fee is as follows:

*subsidised rate

REGISTRATION	Course Fee	Please Tick
Local Delegate*	RM300	
International Delegate	USD100	

For further Information and Updates regarding "DIABETES AND THE HEART" Virtual Seminar, please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Syazwani / Ms. Suhana / Ms. Nabilah)

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About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) of Malaysia is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes and its complications.

NADI is a **not-for-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees comprising representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Malaysian Diabetes Association (DM), Ministry of Health (MOH), Elected and Founding members with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle