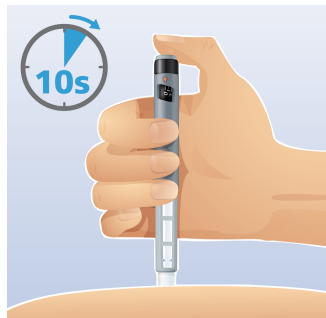




1st Announcement: Evidence-Based Diabetes Care Workshop: FIT-MY Injection Technique Guideline and Medical Nutrition Therapy



1st March 2020 (Sunday) | 9 AM to 5 PM
Venue: Akademi Binaan Malaysia Wilayah
Sarawak, Kuching

BACKGROUND

For people with diabetes who are prescribed with insulin or injectable therapy, the correct injection technique is essential to achieve good glucose control. Nutrition also plays a major role in the management of diabetes. Therefore it is important for healthcare professionals who provide information for people with diabetes to be well-equipped with the knowledge and skills on how to deliver this essential information to achieve treatment goals.

WORKSHOP OBJECTIVES

1. Demonstrate correct technique in administering injectable therapy (Insulin and GLP-1 Agonist)
2. Discuss issues related to injectable therapy in diabetes care
3. Discuss principles of Medical Nutrition Therapy for people with diabetes

WHO SHOULD ATTEND

Diabetes Educators, Nurses,
Dieticians, Pharmacists,
Assistant Medical Officers,
Internal Medicine Specialists,
Family Medicine Specialists,
General Practitioners,
Medical Officers

TENTATIVE PROGRAM

8am—9am	Registration and Breakfast
9am - 9.15am	Introduction and What is FIT-MY
9.15am - 10am	Insulin Update
10am - 11am	Injection Technique
11am – 12.30pm	Practical Session
12.30pm – 2pm	Lunch Talk
2pm - 3.15pm	Practical Session
3.15pm - 4.30pm	Medical Nutrition Therapy-Basics for Non-Dietician
4.30pm-5pm	Summary & Evaluation

SPEAKERS

Dr Florence Tan Hui Sieng, Endocrinologist - Sarawak General Hospital

Dr Tan Ming Yeong - International Medical University

Ms Siah Guan Jian - Institut Jantung Negara

Ms Yong Lin Hsin, Dietician - Sarawak General Hospital

Ms Zaifa Khatum binti Abdul Mohamed Ibnu - Asia Metropolitan College

REGISTRATION FEE

WORKSHOP FEE	EARLY BIRD (1ST FEB 2020)	AFTER 1ST FEB 2020
MDES members	RM80	RM100
Non-MDES members	RM100	RM120

Please register online at <https://bit.ly/2PFxzs5> or scan this QR code



HRDF
-MALAYSIA-

CLAIMABLE

CPD
Points
Claimable

INQUIRY

For further information and updates, please contact the secretariat:

Mr Felix Thompson ak Howell

H/P No: +60 11-1616 9276

Email: fitmykch2020@gmail.com

DISCLAIMER:

The organiser is not to be held responsible for accident, losses or damages related to the workshop, modification in the program and any changes in the terms and conditions. The organiser reserves the right to make changes and amendments to the program and arrangements without prior notice.