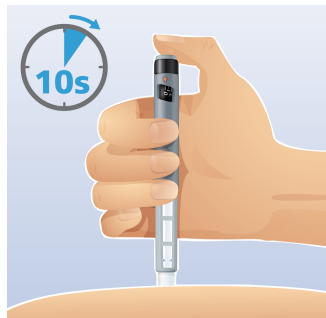




Evidence-Based Diabetes Care Workshop: FIT-MY Injection Technique Guideline and Medical Nutrition Therapy



**3rd November 2019 | 9 AM to 5 PM
Universiti Tunku Abdul Rahman,
Sungai Long, Kajang, Selangor**

BACKGROUND

For people with diabetes who are prescribed with insulin or injectable therapy, the correct injection technique is essential to achieve good glucose control. Nutrition also plays a major role in the management of diabetes. Therefore it is important for healthcare professionals who provide information for people with diabetes to be well-equipped with the knowledge and skills on how to deliver this essential information to achieve treatment goals.

WORKSHOP OBJECTIVES

1. Demonstrate correct technique in administering injectable therapy (Insulin and GLP-1 Agonist)
2. Discuss issues related to injectable therapy in diabetes care
3. Discuss principles of Medical Nutrition Therapy for people with diabetes

WHO SHOULD ATTEND

Diabetes Educators, Nurses,
Dieticians, Pharmacists,
Assistant Medical Officers,
Internal Medicine Specialists,
Family Medicine Specialists,
General Practitioners,
Medical Officers

TENTATIVE PROGRAM

7.30am–9am	Registration and Breakfast
9am - 9.15am	Introduction and What is FIT-MY
9.15am - 10am	Insulin Update
10am - 11am	Injection Technique
11am – 12pm	Practical Session
12pm – 1pm	Lunch Talk
1pm – 2pm	Lunch Break
2pm - 3pm.	Practical Session
3pm - 4.30pm	Medical Nutrition Therapy-Basics for Non-Dietician

SPEAKERS

Dr Zanariah Hussein - Ministry of Health, Malaysia
Dr Tan Ming Yeong - International Medical University
Ms Yong Lai Mee - Subang Jaya Medical Centre
Ms Woo Li Fong - Universiti Tunku Abdul Rahman
Ms Pee Lay Teng - Hospital Kuala Lumpur
Ms Lee Lai Fun - Puchong Medical Specialist Clinic

REGISTRATION FEE

WORKSHOP FEE	EARLY BIRD (1ST OCT 2019)	AFTER 1ST OCT 2019
MDES members	RM80	RM100
Non-MDES members	RM100	RM120



INQUIRY

For further information and updates, please
contact the secretariat:

Ms Jannah Ramlee
H/P No: 0145065413
Email: mdes0507@gmail.com

DISCLAIMER:

The organiser is not to be held responsible for accident, losses or damages related to the workshop, modification in the program and any changes in the terms and conditions. The organiser reserves the right to make changes and amendments to the program and arrangements without prior notice.